

# Bourne toWrite...

creative writing  
workshops

## Tips for Writing Timed Exercises

*Tapping into inspiration at the push of a button isn't easy but here are some tips.*

When you're presented with a subject, play detective and engage with it. Ask it questions and then provide any answer that comes to mind and note this down.

What is it, what's it about? where was it made, how old is it, what does it smell, taste, feel, sound like?

Do I own one, do I know someone who does? etc. Do I like it/dislike it/love it/hate it? etc.

Does it make me laugh/cry?

What or who or where or when does it remind me of?

Freewrite, don't edit. Don't worry about craft, or spelling, or punctuation. You can edit later if need be.

Try not to stare at the blank page. Instead look at the subject.

Remember, if you're making notes you're writing.

*Try writing for 5 minutes every day, write anything that comes into your head. This is better than writing for 2 hours at the weekend.*