

Bourne
toWrite...
creative writing
workshops

A manual for cleaning women

by Ali Gale

So, like I was saying, ensure you soak your thoughts to remove any negativity. Try using vinegar – its good for clarity and your views and opinions will benefit.

He walked into the glass of course. Do you remember that? He actually walked straight into the French doors. Easily done of course, probably patio doors, anyway he shattered the glass somehow and it splintered into a thousand or more shards and glittering pieces. It was still turning up months later. Little tiny specs hiding in between the floor boards, glinting in the sunshine. Cost a fortune to replace.

Be firm with the broom. It's good for a fresh start and there'll be no lingering debris from your past cluttering up your present.

We had floorboards, bare with the grain showing all the detailed knots and whirls. I guess I could have aged the tree they came from if I tried. No carpets, just a rug. I loved that rug. Bought it in a charity shop for 50p. I couldn't wait to get it home on the bus and carefully lay in down on the boards. It finished the room off nicely.

Ensure you use a scrubbing brush to work at stubborn ideas and decisions. It will bring great results. You never know what will be revealed amongst the grime. Oh and before I forget, always wear rubber gloves. They ward off misery.