

**Bourne**  
**toWrite...**  
creative writing  
workshops

## Thursday Afternoon

by Sue Hitchcock

Thursday 10<sup>th</sup> April

The house is so quiet. This must be the first time I have been home alone for ten years. Great! I'll just run the vacuum cleaner around and take a rest. Who would have thought clearing the floor in the girls' bedroom would take so long? There was lego, drawing pens, snippets of paper, not to mention abandoned clothes. I waste my breath asking them to tidy up. I'll only have time to make spaghetti bolognese with a jar of sauce now.

Thursday 17<sup>th</sup> April

I'm not doing a repeat of last week. I really want to cook something special, now I've got time. I spent most of the afternoon browsing cookbooks and settled on curry with all the trimmings. The kitchen looks a bit of a mess, but it was worth it, at least I thought so. John was late in and so his had to be left in the oven, but the girls enjoyed the trimmings.

Thursday 24<sup>th</sup> April

The sun was warm and I fell asleep on the grass in the garden. When I woke up, I felt as if I had been asleep for forty years, like Rip van Winkle. I suppose it was good for me, but it took a strong cup of coffee to get me going again. Egg and chips will do for dinner.

Thursday 1<sup>st</sup> May

I dawdled round the charity shops on my way home. One frock was a real find, subtle purple flowers in a shape which showed my figure. I also found a bottle of bath soak with a rather exotic perfume which I added to my shopping basket in the supermarket. I couldn't resist having a bath as soon as I got home and felt as attractive as when I was first married. It didn't last. The frock revealed the extra weight I had put on and I resolved to diet. John got turned on by the bath soak perfume, but his attentions were short and sweet. Ho hum.

Thursday 7<sup>th</sup> May

I think I might join a pilates class. I've lost a few pounds, but my skin looks too loose. Ham salad for dinner tonight. John and the girls ate all the Ben & Jerry ice cream – phish food and mint choc.

Thursday 14<sup>th</sup> May

Exhausted after the pilates class. You wouldn't think tightening your core would be so tiring! I'm starving. Good thing I replenished the Ben & Jerry's !

Thursday 21<sup>st</sup> May

Marks & Sparks has got a whole lot of new swimsuits and some of them hold your tummy in, so next week that's where I'm headed. I delayed too much today and I want to make sure I've got enough time to try on a few. It's amazing how important a good fit is. Maybe swimming would be more fun than Pilates anyway.

Thursday 28<sup>th</sup> May

Success! I look cracking in my new swimsuit, so next week I'll go to the pool. You never know whose eye I may catch!