



## Life Becomes a Habit

by Vera Gajic

Life becomes a habit.

what do you mean?

Same everyday - get up, eat, sleep, eat, sleep ..... everyday, again and again, a BAD habit!

Most habits are good – they help us order our lives

I don't want my life to be ordered, I want to be free, I want to leave it all ....

OK – why do you do these things?

Well I have to get up and have breakfast.

Why?

Because a carer comes round and makes me.

I see. So you can't get yourself up and dressed

No.

Well I can understand that is depressing, do you want to talk about it?

I am talking about it.

Oh yes of course.

I want you to help me kill myself.

I'm afraid I can't do that. You know every day is not the same, look out the window, the weather, the clouds are always different. There is so much still to enjoy.

I'm blind!

Oh I see – oops no I didn't mean that, I don't see – well I do but – oh dear I'm sorry, My name is Jane, I forgot to say that at the beginning.

Mmmm well that doesn't help.

What about your family and friends, they would miss you. The people left behind are the ones that suffer from suicide.

I haven't got any family and friends.

Ok – your carers.

Why should they care?

God cares – he cares and if you kill yourself – it is crime against God.

Are you a Christian are you trying to convert me?

Have you thought about asking Jesus for help.

No I bloody haven't. He doesn't exist so that would be pointless wouldn't it?

How do you know? How do you think the universe came into existence – it didn't come from nothing. He loves all his creatures and we are all his creatures.

Rubbish

Can I ask you, if you are blind and can't get yourself up how did you call the Samaritans? I hope you aren't wasting my time when other people are trying to get through.

*Okay Jane I think we'll end the test there. It was a difficult one but I must point out we are a non-religious organisation. That is very important to us so we will need to consider your suitability for joining the Samaritans. You might find it better to volunteer with your church.*