

Question

by Sho Botham

Fankled feelings that need teasing out
into single strands of simple sense
cleaning up emotional mess making
silent noise with some success

Listening to the self and beating heart
sound always there but is it heard?
life supporting little red cells pulsating art
full of inner noise - silence preferred

Quietened minds filled with questions
rhythmic commotion and conflict
answers in rhetorical reflections
Silence isn't always empty, is it?